



Grace Notes

The Newsletter of Grace Church • PO Box 1559 • Buena Vista, CO 81211 719-395-8868 • gracechurchbvco.org

Happy Labor Day

Persons, places, vistas we have seen



SEPTEMBER 2022

From Our Pastors



Rev. Seay writes about the importance of the small things.



Sharon Robertson returns to Grace.

2

Ministry Reports



Happy Labor Day

1



Jennifer Wright reports on Church Council activities.

3



Peggy Finkowski reports on NSMI.

3

Ask a Stupid Question Day

Here is your chance. September 28 is National Ask a Stupid Question Day, so gather up all those stupid questions you ever wanted to ask and ask away. You can't be criticized. The only problem, however, with asking stupid questions, is that you might get stupid answers. Have fun.

From the Desk of Rev. Seay – The Small Things

I Thank God for each member of Grace Church. My prayers go out to those who reaffirmed their membership on Sunday, August 19th, and for those who diligent Christian service extends beyond the church doors, the community, and surrounding cities. I even thanked God, that it did not rain until the Church Picnic was over. Now who would not be thankful for that. Delicious pull pork bar B que, with several different pasta salads and that baked bean recipe some people wanted to have. We gave thanks to God for the tasty food, good fellowship, and our member's hospitality at her Many Blessings Ranch with those miniature horses. Speaking of miniature, it is from the small things that develop into larger things. The ladies of Grace Church sewing group known as

“Loose Threads” can tell you. They start with small pieces of cloth in making those beautiful Prayer Shawls and Bed Quilts, turning the small into the large, an outreach ministry was born teaching sewing providing fellowship.

Zechariah 4: 10 “Do not despise the days of small things. For the Lord rejoices to see the work.” Since the Lord is happy with the planning and doing of church work and ministry. I am happy and thankful as a reminder; We should all seize the moment to be prayerfully thankful to the Lord and His workers in this vineyard known as Grace Church. For example, at the residence, imagine if church had no one to install a new bathroom sink,

[Continued on page 4](#)



Yes, the Lord works in the small things.

Sharon Returns



On August 28, 2022, Grace Church was honored to welcome Rev. Sharon Robertson back to the pulpit. Her sermon was inspiring, and it was wonderful to see her and Max again. Grace Church was also happy to see Rev. Catherine and Tam Tran, who visited to see Sharon and hear her preach. On Monday, August 29, 2022, the Grace Women's Bible Study met with Sharon in the Parish Hall for Bible Study and lunch. It was like old times. We hope that Sharon will return again soon.

[Continued on page 4](#)

Church Council Report

by Jennifer Wright, Chairman



The Grace Church Council had a very short meeting (that started at 8am!) on August 21st. At the time, we thought we were in the last stages of Welcoming new Episcopal Priest, but unfortunately, our Candidate decided to withdraw his application for Grace Church. He

will, however, move forward with serving St George's in Leadville; we are happy for them.

Meanwhile, Christy Shain-Hendricks (from Salida) has agreed to help us out in September and October. The Personnel Committee will re-group in late September/October to see what our next step will be.

THANKS to Peggy and all the hard-working members of the Personnel Committee. This has been an interesting process and learning experience for all of us!

Congregational Life - we welcomed some new Members and also had some members Renew their Membership on August 21st. We also enjoyed a lovely Church Picnic at Mini Blessings right after church that day.

Finances - we are still "in the Black" YTD. Thanks, Becky Arthur, for stepping in as our Treasurer and keeping track of all our monies!

Technology - We are still looking for some help with running our sound-system and zoom for Sunday services.

Wild Goose Worship will meet the 2nd and 4th Sundays in September at 5:30pm. If you haven't had an opportunity to attend one of their services, please do!

NAMI – Chaffee County

By Peggy Finkowski

NAMI Chaffee County is an organization of families, friends, and individuals whose lives have been affected by mental illness. Together we advocate for better lives for those individuals who have a mental illness.

Mental illnesses are brain disorders that are biologically based medical problems. Untreated, they can cause severe disturbances in thinking, feeling, and relating. This results in substantially diminished capacity for dealing with the ordinary demands of life. Mental illness can affect persons of any age and occur in any family. They are not caused by bad parenting and not evidence of weakness of character.

NAMI Chaffee's mission is to build a community of recovery and hope by educating, supporting, and advocating for individuals and families affected by mental illness. It's a 501©(3) nonprofit organization. NAMI offers understanding to anyone concerned about mental illnesses and/or treatment.

Contact NAMI Chaffee County:

By email: info@namichaffee.org

Or phone: 970-823-751

Or on-line: namichaffee.org/contact/

By mail: PO Box 332 Salida, CO 81201

From their website

NAMI started as a small group of families gathered around a kitchen table in 1979 has blossomed into the nation's leading voice on mental health. Today, we are an association of more than 500 local affiliates who work in your community to raise awareness and provide support and education that was not previously available to those in need.

Continued on page 5

Sharon continued from page 2



Rev. Seay's Column continued from page 2

ceiling fan, or had to pay a cleaning service including the cleaning of sheets and towels. Thankful that the Lord has blessed this congregation with such persons to do that work. You see it when you walk through the doors of the church. Zoom operators learning this recent technology, pristine Communion Linen, Liturgical Banners hanging high and in their place. The volunteers who serve as Acolytes, Liturgist, Communion Stewards, Ushers. Remember what it took to fix the pipe organ and who and how it had to be fixed. Or what about the help needed and received by certain committees, as our Prayer list Coordinator. I think one could make a case of appreciation for everyone and anyone for their work, time, and contribution to Grace Church. However, most members would not want to be recognized. They usually say, "the Lord knows; It was a small thing."

From the business administration personnel of the church to the Worship Committee members even to putting out and taking in the sidewalk sign of the worship time. It is just a small thing to be thankful to the Lord for. Yes, the Lord works within the small thing. (continued on next pg.)

TRANSITIONS

Please pray for the family of Rick Moen who passed away recently.

Sherry asks for save travels to Indiana for herself and Judy Pankow.

Jennifer asks for prayers for George and Judy who are looking for a home in Ft. Collins.

Susan Williams asks for prayers for her sister, Nancy, who had breast cancer surgery and is having problems.

Please pray for Bonnie Young's daughter, Michelle, and her family. Michelle has been diagnosed with ALS.

Rosalie asks for prayers for Manuel, 23, who was in a terrible automobile accident.

Please pray for Max. He underwent a medical procedure on Tuesday.

And as always, pray for Grace Church, our nation, and the world.

Pastor Seay’s column continued from page 4

Remember, Gideon in the Old Testament (Book of Judges chapter 7) Gideon had thousands in his army, but the Lord told him, you have too many soldiers. Gideon won the battle against the enemy of thousands with a small army of three hundred men. Jesus used a schoolboy’s lunch (five fish, and two small loaves of bread, Matthew 14:13) to feed thousands. Be thankful and remember, the Lord Blessing in the small thing.

Blessings Extended,
W. Clifford Seay, Pastor

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Membership Renewal by Judy Epperson

On Sunday, August 21, 2022, Grace Church held a Reception of New Members and a Membership Dedication Ceremony during the morning worship service.

Grace is happy to welcome new members Liz and Jim Collier, Janet Heinz, Susan and Mike Williams, and Carol Holze to the Grace Church family.

Jennifer Wright, Martha Bauman, Susan Shampine, and Maryanne Freed rededicated their membership to Grace Church during the Rededication Ceremony.

Anyone can join Grace Church at any time. Just let Rev. Seay know that you are interested in joining the church, and he will make the necessary arrangements.

NAMI Continued from page 3

Please reach out for support, educational materials, advocacy questions and concerns, to share your story, or with any other general question or concern. To reach our office call or text 970-823-4751, or fill out the form on our contact page. If your life or someone else’s is in imminent danger, please call 911.

NAMI National Help Line: 800-950-NAMI (6264)

(M-F, 10am to 10pm Eastern time)

Colorado Crisis services: 1-844-493-8255

Suicide Prevention & Crisis Lifeline: 988

This shorter phone number will make it easier for people to remember and access mental health crisis services.

(website: 988lifeline.org)

(New as of July 16, 2022. Available 24 hours/7 days a week. English & Spanish)

Or in a crisis, text “NAMI” to 741741 for 24/7, confidential, free crisis counseling.



Recipes:

Cody's Baked Beans

Submitted by Judy Epperson

1 Can Black Beans

1 Can Red Beans

1 Can Pork n Beans

½ Onion

2 Bell Peppers (I use a green one and a red one)

1 Bottle of Head Country BBQ Sauce

2 Cups Brown Sugar

Bacon or Chopped Brisket

Chop the vegetables and mix together. Add the bacon. Pour on BBQ Sauce. Top with brown sugar. Do not mix the BBQ sauce and brown sugar into the vegetables. Bake in a 375-degree oven for 1 hour or until done. Might be a little soupy, but that's all right.

I got this recipe from my son-in-law, Cody. They are the ones I brought to the church picnic.

Oven Roasted Pork Loin

Submitted by Ray Stwalley

1 Pork Loin, 2-3lbs, boneless

1 tbs kosher salt

1 tbs Worcestershire sauce

1 tsp paprika

1 tsp onion powder

1 tsp garlic powder

1 tsp rosemary, dried and crushed

1 tsp black pepper, ground.

Instructions: Preheat oven to 425 degrees. Line a sheet pan with aluminum foil, spray with a non-stick spray, and set aside. Mix all dry ingredients in a small bowl and set aside. Trim any excess fat from top of pork loin. Place roast on a large plate and coat with Worcestershire sauce, then with dry seasonings. Rub liberally on all sides of the pork. Place seasoned roast, fat side up, on foil lined sheet pan and place in oven at 425 degrees for 15 minutes. After 15 minutes, reduce heat to 375 degrees and continue roasting for about 45 minutes or until internal temperature of the pork is 145 degrees at the center of the roast. Tent for 5-10 minutes before serving.

Pack and Play Party

by Bonnie Young

The Loose Threads (Ladies Sewing Group) met at Bonnie Young's home for a Pak and Play Party. Fifteen Quilts of Valor that were completed this year were sent onto destinations determined by Quilts of Valor Foundation.

Ten quilts were sent to Dwight Eisenhower Medical Facility in Ft. Gordon, Georgia for two programs to support active soldiers—one for a substance abuse program and one for a Traumatic Brain Injury treatment program. The last set was sent to James H. Quillen VAMC in Tennessee, a veteran's hospital, and residential facility.

The women then enjoyed a lunch together including a champagne toast. Thank you to everyone who was part of this year's contribution from the sewing of the quilts to the quilting, and to those who sponsored quilts. Grace is proud to have participated in Quilts of Valor for 17 years.



Grace Church Picnic

by Judy Epperson

Grace Church held their annual picnic on August 21, 2022, at Mini-Blessings. There were approximately thirty people in attendance to enjoy the beautiful day in peaceful surroundings. A big thank you to Susan Shampine and Mini-Blessings for letting us share their beautiful facility.



Announcements

Jennifer Wright submitted this announcement:

Seeking part time companion to assist high functioning young autistic male in Buena Vista. Kind young man needs help with communications, work, computer skills and daily activities. Salary determined by qualifications. Includes sick & vacation time. Driver's license required. Please contact Linda Typer 719-207-1859

If you haven't picked up your copy of the new Grace Church directory, they are available in Parish Hall.

Mark your calendars! The annual Advent brunch will be held on Friday, December 2, 2022, in the Parish Hall. If you would like to help with this event, please contact Judy Epperson.

The Loose Threads are working on items for their annual bazaar. If you would like to make something for this event, contact Becky Arthur.

The Grace Ladies will meet for breakfast on November 3, 2022, at 9am at Jan's Restaurant. All the ladies of Grace are invited to attend. If you would like to attend the breakfast, please contact Junia Fitzgerald or Judy Epperson.

People are needed to sign-up for Coffee Hour and flower dedications. The cost of the flowers is \$40. Signup sheets are in Parish Hall.

New Member Information. Please add to your directories.

Liz and Jim Collier
 Stephen Collier
 15735 Birdie Lane
 Buena Vista, CO 81211
 Email: collier4817@msn.com
 Phone: (Liz) 480-318-3330

Birthdays and Anniversaries



Birthdays and Anniversaries

Birthdays

9/1 Kim Prather
 9/1 Max Robertson
 9/6 Carol Covert
 9/13 Liz Collier
 9/29 Grace Garret

Anniversaries

9/12 John and Judy Epperson
 9/22 Peggy and Jim Finkowski



Grace Notes is a publication of Grace Church in Buena Vista, Colorado

Grace is an Episcopal-United Methodist Ecumenical Fellowship where people of all Christian faith traditions are finding a spiritual home.

Please send articles and pictures to editor Judy Epperson at eppersonjudy51@gmail.com